

22nd March 2018

Dear Parent/Carer,

### Swimming Lessons – Year 6

We will be providing swimming lessons for Year 6 children during terms 5 and 6.

The lessons will take place on a Monday afternoons and will start on 16<sup>th</sup> April 2018.

The compulsory National Curriculum Swimming requirements are as follows:

Children should be taught:

- To swim unaided, competently and safely for at least 25 metres
- To develop confidence in water, how to rest, float and adopt support positions
- A variety of means of propulsion using arms or legs or both and how to develop effective and efficient swimming strokes on the front and back
- The principles and skills of water safety and survival.

Please could you make sure that on Mondays your child brings with them their swimming costume (no bikinis or long trunks) and towel, in a named, waterproof bag. Please ensure that your child wears NO jewellery as we cannot be responsible for any losses. Please also make sure that long hair is tied back.

It is very important that all earrings are taken out. If newly pierced, the children must have a swimming hat which covers their ears. The children should not bring aerosol deodorant or talcum powder to the pool. If deodorant is required, please ensure that it is a roll-on.

Yours sincerely



Mr Peter Hallam  
Principal