

Supporting Parents and Carers

Being a parent or carer is one of the most rewarding, challenging and important roles that anyone can have.

From babies to teenagers, all children need to be supported so they can learn, develop life skills and fulfil their full potential; that way they can grow up happy, healthy and ready for adulthood.

As a school we understand the complex role of being a parent today and the pressures that families are under. We are committed to supporting all of our families so that your child can attend school and reach their full potential.

We are here to offer support for parents and carers in many ways, whether it's a small problem that is causing stress, or bigger issues that need more support. If we can't offer the support you need in school, then we will link you with the services you need.

Minerva Primary Academy Family Wellbeing Team -

**Helping and supporting
you and your child
to get the most out of
school**



How to contact us....

We are in the playground every morning & afternoon.



Our telephone number is:
0117 3772990

Or pop into Friends of Minerva for a cuppa & chat, **every Wednesday at 10am**. If you prefer to see us privately, leave a message at the office.



Family Wellbeing Team At Minerva Primary Academy



Jess Crossley
Parent Support
Worker

Cath Archer
Lead Learning
Mentor

Our phone number is:
0117 3772990

Places we can signpost you...

Early Help

Adult Learning Courses

School Nurse

Parenting Courses

Counselling & Therapies

Domestic Abuse Support

Children's Centres

Benefits & Money Advice

Carers Services

Housing Advice

Drug & Alcohol Services

What we do....

We recognise that you know your child better than anyone else and always want what is best for them.

Whilst we do not have all of the answers we can help you find them by:

- Giving you information about school activities & community services.
- Being a link between parents/carers & teachers.
- Being here to listen when you need to talk one-to-one.
- Suggesting fun activities for you to try at home to support your child's learning.
- Offering support and advice around positive parenting - to help you manage your child's behaviour, set boundaries and develop routines.
- Signposting to courses to develop your own learning and support your child with homework.
- Help parents & carers develop their own well-being and confidence.

- Signpost you to services that deal with financial difficulties including debt, benefits and housing issues.
- Support for parents returning to work, education or training.
- Support to improve attendance.
- Help to fill in forms, like free school meals or transfer to secondary school.
- Transition support: from Nursery into Reception & Year 6 into Secondary School.
- Supporting you to attend meetings about your child. This could be a school meeting or meetings with external agencies.



All parents/carers are welcome to join us at Friends of Minerva drop-in every **Wednesday 10am**, for a cuppa & chat.